

SPONDYLOARTHRITIS & FRIENDS IN SARDINIA 3rd edition

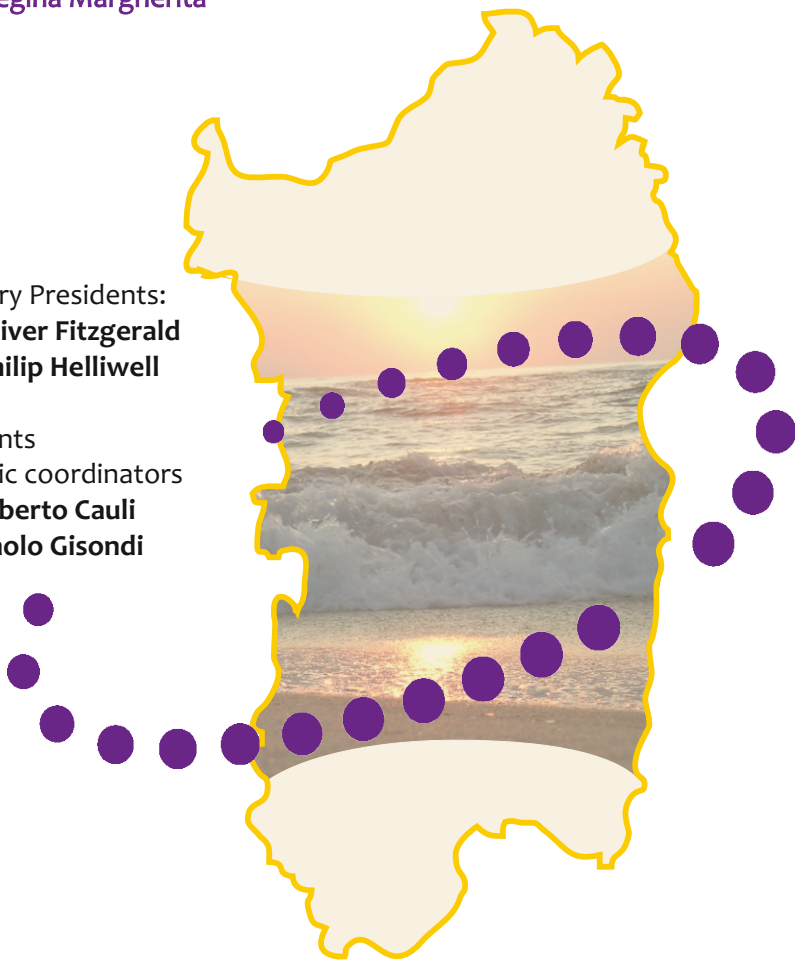
GRAPPA WORKSHOP 2024

12-13-14 September 2024, Cagliari

Aula Magna Rectorate Palazzo Belgrano University of Cagliari
and Hotel Regina Margherita

Honorary Presidents:
Prof. Oliver Fitzgerald
Prof. Philip Helliwell

Presidents
Scientific coordinators
Prof. Alberto Cauli
Prof. Paolo Gisondi



GRAPPA

GROUP FOR RESEARCH
AND ASSESSMENT OF PSORIASIS AND PSORIATIC ARTHRITIS

ore 14.00 *Registration nearby Rettorato Aula Magna of the University of Cagliari*

SCANNING THE SPECTRUM OF PSORIATIC DISEASE: PSO, PSA, IBD AND AAU ASSOCIATIONS: COINCIDENCE, FRIENDSHIP OR MARRIAGE?

ore 14.30 *Welcome from the University and AOU Cagliari*

ore 14.40 Meeting presentation and objectives
Prof. Alberto Cauli - Prof. Paolo Gisondi - Prof.ssa Laura Atzori

ore 14.50 GRAPPA and its contribution to Psoriatic Disease
Prof. Oliver Martin Fitzgerald GRAPPA President

INTRODUCTIVE LECTURES

Chairs: **Prof.ssa Maria Antonietta D'Agostino, Roma**
Prof.ssa Laura Atzori, Cagliari

ore 15.10 The comorbid psoriatic patient: from metabolic to pain disturbances. How they influence quality of life and disease perception in PSO/PsA patients
Prof. Kurt De Vlam, Leuven Flanders (Belgium)

PSORIASIS & PSORIATIC ARTHRITIS, "HOW DEEP IS THEIR LOVE"?

ore 15.30 The Dermatologist point of view
Prof. Paolo Gisondi, Verona

ore 15.50 The Rheumatologist point of view
Prof. Alberto Cauli, Cagliari

ore 16.10 *Discussion*



I SESSION PSO, PSA & FRIENDS: IBD AND AAU ON THE STAGE

Chair: **Prof. Francesco Ciccìa, Napoli**

ore 16.20 General introduction to the topic
Prof. Francesco Ciccìa, Napoli

ore 16.30 Inflammatory bowel diseases (IBD)
and the spectrum of Spondyloarthritis
Prof. Massimo Claudio Fantini, Cagliari
Prof. Flavio Andrea Caprioli, Milano

ore 17.00 Acute Anterior Uveitis (AAU) and the spectrum of Spondyloarthritis
Prof. Giuseppe Giannaccare, Cagliari
Prof.ssa Elisabetta Miserocchi, Milano

ore 17.30 *Discussion*

ore 17.40 *Pausa Coffee Break*

**II SESSION FROM PSO TOWARD PSA: THE TRANSITION PROCESS
AND THE INTRIGUING OPPORTUNITY OF ITS INTERCEPTION**

Chairs: **Prof. Antonio Costanzo, Milano**
Dott. Antonio Marchesoni, Milano

ore 17.50 The biologic mechanisms underlying the transition from PSO to PSA
Prof. Carlo Francesco Selmi, Milano

ore 18.10 Which patients with PsO are at risk of PsA ?
Prof.ssa Francesca Prignano, Firenze

ore 18.30 *Discussion among speakers and audience*

Chairs: **Prof. Alberto Cauli, Cagliari** - **Prof. Paolo Gisondi, Verona**

ore 18.40 LECTIO MAGISTRALIS
“The concept of Psoriatic Arthritis, past, present and future”
Prof. Philip Helliwell, Leeds UK

ore 19.10 *End of the day and summary*

ore 08.00 *Registration*

ore 08.30 Recap of day one and presentation of day two
Prof. Alberto Cauli, Cagliari - **Prof. Paolo Gisondi, Verona**

III SESSION **WHAT HAVE WE LEARNED FROM ANTI CYTOKINES (TNF-ALPHA, IL-23, IL-17), JAK INHIBITORS AND TARGETED THERAPY IN PSO, PSA, IBD AND AAU**

Chairs: **Prof. Raffaele Scarpa, Napoli**
Prof.ssa Maria Concetta Fargnoli, L'Aquila

ore 08.45 The role of anti - TNF alpha in Psoriatic disease and what have we learned from TNF therapy?
Prof. Salvatore D'Angelo, Potenza
Prof.ssa Maria Concetta Fargnoli, L'Aquila

ore 09.15 The role of IL-17 in Psoriatic disease and what have we learned from anti-IL-17 therapy?
Prof.ssa Roberta Ramonda, Padova
Dott.ssa Cristina Mugheddu, Cagliari

ore 09.45 The role of IL-23 in Psoriatic disease and what have we learned from anti IL-23 therapy?
Prof.ssa Maria Sole Chimenti, Roma
Prof. Stefano Piaserico, Padova

ore 10.15 *Pausa Coffee break*

ore 10.30 What have we learned from anti-JAK therapy in Psoriatic disease?
Prof. Michele Maria Luchetti, Ancona
Prof. Giuseppe Lopalco, Bari

ore 11.00 What have we learned from TYK2 inhibitors in Psoriatic disease?
Prof. Antonio Costanzo, Milano

ore 11.20 What have we learned from Apremilast therapy in Psoriatic disease?
Prof.ssa Rossana Scrivo, Roma
Prof. Angelo Valerio Marzano, Milano

ore 11.50 *Discussion among speakers and audience*

ore 12.00 *Pausa Light Lunch*

IV SESSION **GRAPPA YOUNG SESSION/WORKSHOP:
DO WE NEED NEW ASSESSMENT TOOLS?**

Chairs: **Prof. Ennio Lubrano, Campobasso**
Prof. Matteo Piga, Cagliari

ore 13.20 How to score the skin and nails, ups and downs
Prof.ssa Maria Esposito, L'Aquila

ore 13.40 How to score peripheral joints,
spine and entheses (MSK), ups and downs
Dott.ssa Ilenia Pantano, Napoli
Dott.ssa Nicoletta Luciano, Milano

ore 14.10 How to score PSO/PSA globally (including composite),
ups and downs
Dott. Francesco Bellinato, Verona
Dott. Fabio Massimo Perrotta, Campobasso

ore 14.40 The patient point of view: patient global assessment
and its perception of disease
Dott.ssa Elisabetta Chessa, Cagliari
Dott.ssa Jasmine Alice Anedda, Cagliari



ore 15.10 Is US-doppler scan the new stethoscope for the young rheumatologists?

Dott. Niccolò Possemato, *Reggio Emilia*

Dott. Alen Zabotti, *Udine*

Dott. Andrea Delle Sedie, *Pisa*

ore 15.40 PSO/PsA disease biomarkers

Dott.ssa Maria Maddalena Angioni, *Cagliari*

Dott.ssa Maria Manara, *Milano*

Dott. Guido Mioso, *Padova*

NO ECM - SPONSORED READING

Chairs: **Prof. Alberto Cauli**, *Cagliari* - **Prof. Paolo Gisondi**, *Verona*

ore 16.10 Sponsored Reading by NOVARTIS

Bio-experience in PsA Patients: Is Secukinumab the First Choice?

Dott. Niccolò Possemato, *Reggio Emilia*

ore 16.30 Sponsored Reading by LILLY

Ixekizumab: pso-psa transition

Prof. Alessandro Giunta, *Roma*

ore 16.50 *End of the day and summary*



ore 08.20 *Registration*

ore 08.30 Recap of day two and presentation of day three
Prof. Alberto Cauli, Cagliari - Prof. Paolo Gisondi, Verona

V SESSION **ADEQUATE STRATEGIES ARE REQUIRED BEYOND EFFECTIVE DRUGS FOR AN EFFECTIVE MANAGEMENT OF PSORIATIC DISEASE**

Chairs: **Prof. Costantino Pitzalis, London**
Prof. Christopher Griffiths, Manchester (UK)

ore 08.40 How to treat PsO: the optimal use of conventional systemics
Prof. Peter van de Kerkhof, Nijmegen (Netherlands)
Discussion

ore 09.10 How to treat PsO: the optimal use of biologics
Christopher Griffiths, Manchester (UK)
Discussion

ore 09.40 How to treat PsA: from GRAPPA treatment recommendations, what's next?
Prof.ssa Laura Coates, Oxford (UK)
Discussion

ore 10.10 The concept of Difficult to Treat (D2T) in PsA
Prof.ssa Helena Marzo-Ortega, Leeds (UK)
Discussion

ore 10.40 *Pausa Coffee break*



VI SESSION HOT TOPICS AND COLLABORATIVE RESEARCH PROJECTS

Chairs: **Prof. Carlo Salvarani**, *Reggio Emilia*
Prof.ssa Caterina Ferreli, *Cagliari*

ore 11.10 Preventing arthritis development in PsO patients:
an ambition still so far away to be achieved?

Dott. Alberto Floris, *Cagliari*

Dott. Francesco Bellinato, *Verona*

Discussion

ore 11.40 Treat-to-target: can it really be allied in PsA patients?

Dott. Antonio Marchesoni, *Milano*

Prof.ssa Laura Atzori, *Cagliari*

Discussion

ore 12.10 The SAGE-PsA study: rationale for investigating sex
and gender influence in PsA

Prof. Ennio Lubrano, *Campobasso*

Discussion

ore 12.40 *Conclusions – take home messages*

Prof. Alberto Cauli, *Cagliari* - **Prof. Paolo Gisondi**, *Verona*

ore 12.50 *Closing of the meeting and ECM forms*

ore 13.00 *Light Lunch*



FACULTY

Dott.ssa Jasmine Alice Anedda, *Cagliari*
Dott.ssa M. Maddalena Angioni, *Cagliari*
Prof.ssa Laura Atzori, *Cagliari*
Dott. Francesco Bellinato, *Verona*
Prof. Flavio Andrea Caprioli, *Milano*
Prof. Alberto Cauli, *Cagliari*
Dott.ssa Elisabetta Chessa, *Cagliari*
Prof.ssa Maria Sole Chimenti, *Roma*
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Prof. Antonio Costanzo, *Milano*
Prof.ssa M. Antonietta D'Agostino, *Roma*
Prof. Salvatore D'Angelo, *Potenza*
Dott. Andrea Delle Sedie, *Pisa*
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Prof. Christopher Griffiths, *Manchester*

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Prof. Raffaele Scarpa, *Napoli*
Prof.ssa Rossana Scrivo, *Roma*
Prof. Carlo Francesco Selmi, *Milano*
Prof. Peter van de Kerkhof, *Nijmegen*
Dott. Alen Zabotti, *Udine*



RAZIONALE SCIENTIFICO

La malattia Psoriasica è una condizione eterogenea che interessa la cute, l'apparato muscoloscheletrico e frequentemente l'intestino e l'occhio. Inoltre, molto spesso, il quadro clinico si caratterizza per le comorbidità metaboliche. Questo scenario complesso si riflette nella necessità di una gestione congiunta tra diversi specialisti, e la necessità di una valutazione clinica di tutti i possibili domini di malattia. Il Gruppo per la Ricerca e la Valutazione della Psoriasi e Artrite Psoriasica (GRAPPA), supporta i reumatologi, dermatologi e altri clinici nella gestione condivisa di questi pazienti nella pratica clinica quotidiana. Durante il congresso, esperti nazionali e internazionali discuteranno di patogenesi e terapia della malattia psoriasica focalizzando sulle nuove strategie e trattamenti. Tra i temi principali che verranno evidenziati figurano l'immunopatogenesi della flogosi cutanea, muscoloscheletrica, intestinale e a carico dell'occhio, inoltre le possibili modalità di intervento in questi pathways. L'approccio multidisciplinare e la necessità di nuove strategie verranno discusse in dettaglio.

RATIONALE

Psoriatic disease is a heterogeneous skin and musculoskeletal condition which frequently affect the gut and the eye. Furthermore, metabolic comorbidities quite often also characterized the clinical picture. This complex scenario is reflected by the need of a comprehensive collaborative management across specialities, and the clinical evaluation must be carried out considering the various clinical domains.

The Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) supports rheumatologists, dermatologists and other clinicians to share the experience in the management of these patients in clinical practice. During the meeting national and international experts in this field will discuss about pathogenetic and therapeutic aspects of psoriatic disease focusing on new strategies and treatments. Key messages to be delivered in the workshop include the immunopathogenesis of skin, musculoskeletal, gut and eye inflammation, as well as the possible way to interfere with these pathways. The multidisciplinary approach and the need of new strategies will be discussed in deep.



Honorary Presidents:

Prof. Oliver Martin Fitzgerald GRAPPA President

Prof. Philip Helliwell GRAPPA Past-President

Presidents and Scientific coordinators

Prof. Alberto Cauli - Prof. Paolo Gisondi

ACCREDITAMENTO ECM

crediti assegnati per Medico Chirurgo specialisti in Reumatologia e Dermatologia.

Saranno invitati anche gli specializzandi in Reumatologia e Dermatologia



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SEGRETERIA ORGANIZZATIVA



Aservice Studio srl
Via Machiavelli 136, 09131 Cagliari
tel 070/ 42939 posta@aservicestudio.eu
www.aservicestudio.eu

SEDE DEL CORSO

DAY 1 Aula Magna del Rettorato Palazzo Belgrano
Università di Cagliari - Via Università 40, Cagliari

DAY 2-3 Hotel Regina Margherita, Cagliari
Viale Regina Margherita, 44, 09124 Cagliari
070/ 670342 booking@hotelreginamargherita.com

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